

AREQUIPA OVERNIGHT 2019



Girls entering fifth grade or older in all units this year, all ANTS and all Camp Arequipa Aides are invited to take part in the overnight at Camp Arequipa on the Thursday night of our camp session. We will sleep under the beautiful Arequipa stars, and there will be an extra swim and time in the archery range for those who want it. The girls have dinner, a special program, and lots of extra fun just for the older campers. If you would like to participate in the overnight, have your parents to sign the permission slip below **and mail it with your camp paperwork.**

The overnight includes dinner on Thursday night, plus breakfast and lunch on Friday.

Please pack the following items only and bring them with you to camp on Thursday morning in one bag on the bus:

- a mess kit and cutlery or non-breakable plate, cup/water bottle, fork, knife and spoon all marked with your name in a dunk bag or mesh bag (do not forget – there will not be any paper plates or plastic cutlery provided!)
- a warm sleeping bag (no slumber bags), extra blanket, a ground cloth or tarp (it gets quite dewy in the morning)
- an overnight “buddy” (teddy bear, rabbit, snuggly friend)
- sweats or thermal pajamas
- flashlight and extra batteries
- change of clothing for camp on Friday
- toiletries
- a hooded jacket/sweatshirt (to sleep in)
- jeans or long pants for the evening program
- It is also a good idea to send a second swimming suit and towel for the extra swimming session on Thursday (if she has one), and don’t forget a plastic bag for wet suits and towels
- PLEASE NO food, snacks, radios, CD players, iPods, cell phones or other electronic equipment are appropriate at camp at ANYTIME, leave these items at home.
- Please remember to send any nighttime medications, in their labeled original container, with your child on Thursday morning and have her turn them in to the bus rider to be turned into the nurse at camp. Be sure to include directions on how to administer the medication to your daughter.

Lights out will be strictly enforced at 9:30 PM. If your child is a night owl and unable to go to sleep or remain quiet after this time, then she should not spend the night. Our overnight is out under the stars, so no tents are needed. There are animals, deer, raccoons and birds at camp. Please discuss this with your daughter and make sure she understands that if she agrees to stay the night, she will, in fact, stay the night. We do not call parents at 11:00 PM to come pick up their campers. If you and your child feel she is too young for this year’s overnight, perhaps she should wait until next year. Please help us in determining this as it is very hard for the directors or unit leaders to try and console a camper, after dark, who is not yet ready for this experience.

Additional adults are needed to volunteer to help with the overnight or it may not happen. If you are able to spend the night with us to help supervise the girls, please indicate this below. Dads are welcome to help, too! You will need to get/be registered, and complete the volunteer screening process. We promise a very fun evening.

Please sign and return this permission slip by mail to
Camp Arequipa P.O. Box 774 Fairfax, CA 94978

My daughter _____ has permission to attend the Camp Arequipa overnight on (circle the week your daughter is attending):

Thurs., June 20 (Session 1) Thurs., June 27 (Session 2) Thurs., July 11 (Session 3) Thurs., July 18 (Session 4)

She and I have discussed that she will be required to spend the entire night.

Parent Signature _____ Date _____

Phone number: Day _____ Evening _____ Cell _____

Adult Volunteer: I am willing to help with the overnight (print name) _____

I have already completed the online volunteer screening process: Yes No

I have already registered: Yes with Troop # _____

OR I will register online at <https://girlscouts.secure.force.com/>

I will complete the Girl Scouts Nor Cal electronic background check online

My email _____ My Phone _____

I am a mom I am a dad I am a _____ (grandparent, aunt, friend, etc)